

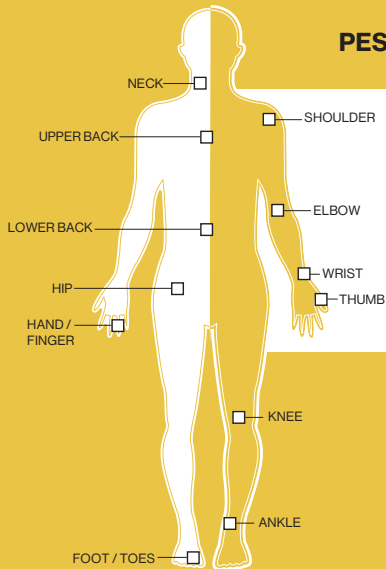
PSORIASIS EPIDEMIOLOGY SCREENING TOOL (PEST)

HOSPITAL NO.

DATE OF VISIT

PATIENT NAME

PEST is a validated screening tool for psoriatic arthritis.



**IN THIS DRAWING, PLEASE TICK THE JOINTS
THAT HAVE CAUSED YOU DISCOMFORT
(I.E. STIFF, SWOLLEN OR PAINFUL JOINTS).**

PEST from Ibrahim GH *et al.*
Clin Exp Rheumatol 2009; 27:469–474.

**Please answer the questions below and score 1 point
for each question answered 'Yes'**



Have you ever had a swollen joint (or joints)? **YES NO**
☐ ☐



Have you had pain in your heel? **YES NO**
☐ ☐



Has a doctor ever told you that you have arthritis? **YES NO**
☐ ☐



Have you had a finger or toe that was completely swollen and painful for no apparent reason? **YES NO**
☐ ☐



Do your fingernails or toenails have holes or pits? **YES NO**
☐ ☐

TOTAL: ☐ /5

**A total score of 3 or more is indicative of psoriatic arthritis,
end referral to a rheumatologist should be considered.**