

# Questions to help you discuss your myelofibrosis (MF) treatment plan with your Haematologist

**Taking an active role in making decisions about your treatment plan will help ensure that you get the most benefit. Ask your Haematologist about what treatment they recommend, why they recommend this for you and what you can expect from treatment.**

Here are some suggested questions to get you started:

- What are my treatment options?
- What treatment do you recommend and why?
- What is the aim of the treatment?
- How long does the treatment last?
- How will you know if the treatment is working?
- What are the risks and side effects of my treatment?
  - How can the risks be reduced?
  - How can any side effects be managed?
- What symptoms should I worry about?
- How often do I need a bone marrow biopsy?
- Will I need to have blood transfusions?
- Will I still be able to do my normal activities?
- Who do I contact if I have questions?



# Notes

A series of horizontal dotted lines for taking notes.

For more information, visit the Novartis website at [www.livingwithmf.com.au](http://www.livingwithmf.com.au)



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